



Social Planning Council of Peel

THRIVE WORKSHOP

# Medicine Wheel Knowledge in the 21st Century



Saturday,  
January 17, 2025



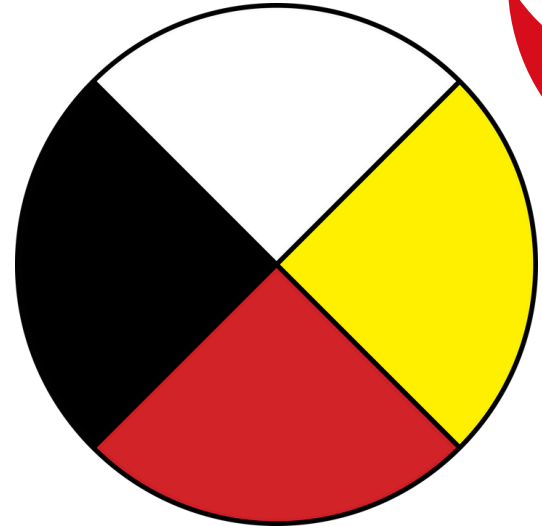
2:00 PM - 5:00 PM



communityharmonyyouth  
@spcpeel.com



Sheridan College  
7899 McLaughlin Rd, Brampton  
Room C217 (Paralegal Courtroom)



## Workshop Highlights

- Facilitated by Shannon V Thunderbird, B.A. (Hon.) (M.A.)
- Learn about the Medicine Wheel and the Seven Directions
- Powow Drum experience to celebrate Mother Earth
- Create human medicine wheel that focuses on connection, balance and community



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